

Introducing Social Prescribing Link Workers in **Brentwood PCN**

Patients aged 18+
can be referred to



Social Prescribing

for any of the following issues:



What is Social Prescribing?

Social prescribing is the **non-clinical, non-urgent** support within your GP practice. **Social Prescribers** give **you** time **to focus on what matters to you** by taking a holistic approach to **your** health and wellbeing. They connect **you** to community groups and statutory services for practical and emotional support.

How can I refer?

You can **self-refer** by making an appointment through reception or requesting through your GP at appointments.

SURGERIES COVERED:

New Surgery, Tile House Surgery,
Beechwood Surgery, Deal Tree Health Centre,
Mount Avenue Surgery, Rockleigh Court Surgery,
New Folly Surgery and Highwood Surgery.

Provide
community